

Cl.	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
MED. Piccolos 2019/jünger/plus jeunes 10:15 / 0,5Km								
1	201	Lima Santos Lucas	2019	MED	Givisiez		1:51.0	
2	1	Iseli Louis Matteo	2019	MED	Bösingen	TSV Wünnewil	1:57.3	6.3
3	344	Gurtner Noe	2019	MED	Bösingen		2:15.4	24.4
4	348	Pauchard Léon	2019	MED	Bösingen		2:16.5	25.5
5	38	Schweizer Janis	2019	MED	Moosseedorf		2:17.8	26.8
6	331	Barras Colin	2019	MED	Estavayer-Le-Gibloux		2:21.6	30.6
7	328	Riedo Nils	2019	MED	Schmitten		2:22.6	31.6
8	101	Riedo Jano	2019	MED	Bösingen	FC Bösingen	2:24.1	33.1
9	159	Geissbühler Lenny	2020	MED	Bösingen		2:30.9	39.9
10	215	Aebsicher Robin	2020	MED	Ueberstorf	Jugi Ueberstorf	2:32.5	41.5
11	58	Almeida Kenzo	2021	MED	Noreaz		2:37.2	46.2
12	107	Bänziger Jesse	2019	MED	Schüpfen		2:45.7	54.7
13	346	Schneider Mael	2021	MED	Düdingen		2:50.6	59.6
14	363	Matias Antonio	2020	MED	Fribourg		2:53.0	1:02.0
15	160	Schmutz Elio Nael	2020	MED	Bösingen		2:54.1	1:03.1
16	222	Muff Thierry	2020	MED	Ueberstorf	Jugi Ueberstorf	2:54.6	1:03.6
17	341	Krummen Andrin	2020	MED	Bösingen	TV Bösingen	2:56.5	1:05.5
18	342	Willschleger Gauvain	2020	MED	Laupen		3:00.6	1:09.6
19	142	Ramseier Nelio	2021	MED	Schmitten Fr		3:03.3	1:12.3
20	136	Willi Leano	2020	MED	Laupen		3:24.1	1:33.1
21	172	Jallageas Andrea	2022	MED	Bösingen		3:32.0	1:41.0
22	143	Ramseier Leano	2022	MED	Schmitten Fr		3:34.2	1:43.2
23	325	Gobet Yohan	2021	MED	Rechthalten		3:36.5	1:45.5
24	365	Bossard Elio	2021	MED	Düdingen		3:42.0	1:51.0
25	343	Gurtner Nando	2022	MED	Bösingen		3:51.8	2:00.8
26	181	Zahnd Loris	2023	MED	Bösingen		4:19.7	2:28.7
27	177	Seccabiani Leon	2021	MED	Bösingen		4:20.0	2:29.0
28	362	Santos Salvador	2023	MED	Fribourg		4:49.5	2:58.5
29	320	Chaudoye Milan	2024	MED	Hauteville		6:49.0	4:58.0

Cl.	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
FED. Piccolas 2019/jünger/plus jeunes 10:30 / 0,5Km								
1	217	Cercamondi Nelsya	2019	FED	Ueberstorf	Jugi Ueberstorf	2:09.8	
2	221	Maag Alyssa	2019	FED	Ueberstorf	Jugi Ueberstorf	2:40.2	30.4
3	131	Chaudoye Lily	2021	FED	Hauteville		2:45.7	35.9
4	15	Iseli Ella Sophia	2021	FED	Bösingen		2:47.6	37.8
5	150	Cercamondi Vita	2022	FED	Ueberstorf		2:51.5	41.7
6	130	Egget Lia	2021	FED	Bösingen		3:03.9	54.1
7	167	Bühlmann Ylenia	2020	FED	Bösingen		3:05.1	55.3
8	311	Piller Ylenia	2021	FED	Plaffeien		4:16.9	2:07.1
9	347	Muff Aurelia Claire	2022	FED	Ueberstorf		4:19.9	2:10.1
10	356	Tschannen Malina	2022	FED	Laupen		4:48.2	2:38.4
11	168	Bühlmann Malea	2023	FED	Bösingen		4:50.6	2:40.8
12	138	Willi Yara	2023	FED	Laupen		5:47.5	3:37.7
13	357	Tschannen Lenja	2024	FED	Laupen		5:55.8	3:46.0

Cl.	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
FEC. Schülerinnen/Ecolières C 2017-2018 10:45 / 1Km								
1	367	Walpen Emma	2017	FEC	Thun	Fun un run	4:12.9	
2	298	Sturny Julia	2017	FEC	Tafers	Sportverein Alterswil	4:19.2	6.3
3	289	Riedo Jelin	2017	FEC	Bösingen	TSV Wünnewil	4:33.6	20.7
4	308	Gessler Alyana	2017	FEC	Bösingen	Jugi Bösingen	4:42.0	29.1
5	278	Maillard Joyce	2017	FEC	Bösingen	FC Gurmels	4:49.5	36.6
6	203	Lima Santos Lara	2017	FEC	Givisiez		4:55.5	42.6
7	2	Rütti Sophia	2018	FEC	Schmitten	TSV Wünnewil	4:57.0	44.1
8	158	Dick Giulia	2018	FEC	Murten		4:59.6	46.7
9	261	Itten Léane	2017	FEC	Les Geneveys S/coffrane	FSG le Geneveys sur Coffrane	5:00.9	48.0
10	361	Briand Lily-Rose	2018	FEC	Giffers		5:02.6	49.7
11	219	Josi Vivienne	2017	FEC	Ueberstorf	Jugi Ueberstorf	5:09.8	56.9
12	3	Senn Jolina	2017	FEC	Wünnewil	TSV Wünnewil	5:11.3	58.4
13	50	Just Gioia	2018	FEC	Villigen		5:14.9	1:02.0
14	220	Leuenberger Nora	2018	FEC	Ueberstorf	Jugi Ueberstorf	5:41.9	1:29.0
15	106	Bänziger Abigail	2018	FEC	Schüpfen		5:56.2	1:43.3

Cl.	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
MEC. Schüler/Ecoliers C 2017-2018 10:45 / 1Km								
1	57	Almeida Yanis	2017	MEC	Noreaz	CA Belfaux	3:44.3	
2	304	Jallageas Maël	2017	MEC	Bösingen	Jugi Bösingen	4:05.2	20.9
3	78	Wullschleger Joachim	2017	MEC	Laupen		4:10.8	26.5
4	355	Errjali Noah	2017	MEC	Fribourg		4:24.2	39.9
5	351	Hugi Philippe	2018	MEC	Cordast	TSV Gurmels	4:24.7	40.4
6	4	Spring Lionel	2017	MEC	Wünnewil	TSV Wünnewil	4:45.6	1:01.3
7	326	Geissbühler Loris	2018	MEC	Bösingen		4:46.3	1:02.0
8	364	Gremaud Alexandre	2018	MEC	Grandvillard	CS Neirivue	5:00.1	1:15.8
9	345	Schneider Nino	2018	MEC	Düdingen		5:01.6	1:17.3
10	223	Josi Marvin	2018	MEC	Ueberstorf	Jugi Ueberstorf	5:23.8	1:39.5
11	218	Clément Eneas	2018	MEC	Ueberstorf	Jugi Ueberstorf	6:06.5	2:22.2

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
FEB. Schülerinnen/Ecolières B 2015-2016 11:05 / 1,5Km								
1	149	Cercamondi Livia	2015	FEB	Ueberstorf	Jugi Ueberstorf	5:35.7	
2	166	Känzig Malou	2015	FEB	Freiburg	CA Fribourg	5:41.5	5.8
3	66	Ruch Elina	2015	FEB	Bösingen	TSV Düringen	6:30.2	54.5
4	67	Ruch Maëlle	2015	FEB	Bösingen	CA Fribourg	6:32.0	56.3
5	297	Cassone Gabrielle	2016	FEB	Tafers	Sportverein Alterswil	6:43.8	1:08.1
6	305	Stämpfli Leliah	2016	FEB	Bösingen	Jugi Bösingen	6:52.4	1:16.7
7	306	Riedo Ylena	2016	FEB	Bösingen	Jugi Bösingen	7:09.9	1:34.2
8	330	Barras Méline	2016	FEB	Estavayer-Le-Gibloux		7:38.6	2:02.9
9	5	Ropraz Lola	2015	FEB	Wünnewil	TSV Wünnewil	8:02.8	2:27.1
10	124	Buchs Anic	2015	FEB	Düringen		8:46.6	3:10.9

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
MEB. Schüler/Ecoliers B 2015-2016 11:05 / 1,5Km								
1	302	Traina Koski	2015	MEB	Rechthalten	Athletic Team Rechthalten	6:07.2	
2	77	Wullschleger Philémon	2015	MEB	Laupen		6:08.8	1.6
3	296	Schlatter Noah Leon	2015	MEB	Tafers	Sportverein Alterswil	6:43.0	35.8
4	303	Jallageas Eloi	2015	MEB	Bösingen	Jugi Bösingen	7:00.0	52.8
5	309	Gessler Luano	2015	MEB	Bösingen	Jugi Bösingen	7:40.0	1:32.8
6	299	Pauchard Noah	2016	MEB	Bösingen	TV Bösingen	7:46.4	1:39.2

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
FEA. Schülerinnen/Ecolières A 2013-2014 11:05 / 1,5Km								
1	9	Jungo Amelie	2013	FEA	Wünnewil	TSV Wünnewil	6:00.9	
2	8	Bischof Lucie	2013	FEA	Wünnewil	TSV Wünnewil	6:04.9	4.0
3	6	Kaaser Elin	2013	FEA	Wünnewil	TSV Wünnewil	6:10.0	9.1
4	358	Schmutz Lena	2013	FEA	Düdingen	Kids on Tour	6:29.7	28.8

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
MEA. Schüler/Ecoliers A 2013-2014 11.05 / 1,5Km								
1	259	Itten Alexis	2014	MEA	Les Geneveys Sur Coffrane	CEP Cortaillod	5:18.7	
2	7	Jost Leano	2013	MEA	Schmitten	TSV Wünnewil	5:31.8	13.1
3	117	Berset Théo	2014	MEA	Farvagny		6:02.9	44.2
4	228	Bietenharder Leon	2014	MEA	Bern	LAC Wohlen	6:12.9	54.2
5	277	Maillard Dean	2014	MEA	Bösingen	FC Bösingen	6:26.3	1:07.6
6	352	Hugi Johann	2014	MEA	Cordast	Tsv Gurmels	7:00.4	1:41.7

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
FCB. Mädchen/Cadettes B 2011-2012 11:25 / 2,2Km								
1	13	Spicher Maelle	2011	FCB	Wünnewil	TSV Wünnewil	10:12.3	
2	359	Schneider Mina	2012	FCB	Gurmels	TSV Gurmels	10:57.9	45.6

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
MCB. Jugend/Cadets B 2011-2012 11:25 / 2,2Km								
1	274	Philipona Dario	2011	MCB	Vuippens	CS Marsens	7:26.6	
2	11	Jost Matteo	2011	MCB	Schmitten	TSV Wünnewil	8:23.5	56.9
3	113	Panchaud Noah	2011	MCB	Lausanne		8:52.6	1:26.0
4	12	Seil Maximilian	2011	MCB	Wünnewil	TSV Wünnewil	9:05.7	1:39.1
5	10	Koella Eneo	2012	MCB	Wünnewil	TSV Wünnewil	9:29.9	2:03.3
6	123	Buchs Loïc	2012	MCB	Düdingen	TSV Düdingen	10:24.2	2:57.6

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
FCA. Mädchen/Cadettes A 2009-2010 12:00 / 4,7Km								
1	378	Linder Sara	2009	FCA	Brünisried	Athletic Team Rechthalten	18:16.3	
2	266	Pinto Anaïs	2010	FCA	St-Martin	CS Vallée du Flon	18:48.5	32.2
3	197	Zbinden Chiara	2009	FCA	Bulle	CS Marsens	19:20.6	1:04.3
4	334	Lehmann Eleanora	2010	FCA	Gstaad		19:43.6	1:27.3
5	332	Morgan Felicia	2009	FCA	Pringy	CS Marsens	19:50.3	1:34.0
6	385	Progin Alodie	2009	FCA	Avry-Devant-Pont	CS Marsens	19:52.1	1:35.8
7	382	Schaller Layana	2010	FCA	Wünnewil	TSV Düringen	20:36.7	2:20.4
8	194	Müller Aliona	2010	FCA	Ostermundigen	SKBETRI	20:50.7	2:34.4
9	72	Salihu Anduela	2010	FCA	Düringen	TSV Düringen	23:28.6	5:12.3

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
MCA. Jugend/Cadets A 2009-2010 12:00 / 4,7Km								
1	273	Philipona Michaël	2009	MCA	Vuippens	CS Marsens	15:19.9	
2	135	Brandt Max	2010	MCA	Bulle	CS Marsens	16:30.0	1:10.1
3	314	Collaud Nathan	2010	MCA	La Tour De Trême	CS Marsens	19:08.8	3:48.9

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
FKZ. Damen kurz/D. court 2008/älter/âgées 12:00 / 4,7Km								
1	360	Traina Manuela	1982	FKZ	Rechthalten	AT Rechthalten	19:05.9	
2	169	Gross Nerina	1985	FKZ	Liebefeld	TV Länggasse Bern	19:27.1	21.2
3	104	Rutschi Nicole	1987	FKZ	Tafers		21:20.4	2:14.5
4	366	Gremaud Jessica	1993	FKZ	Grandvillard		21:55.3	2:49.4
5	368	Walpen Beatrice	1980	FKZ	Thun		22:13.3	3:07.4
6	381	Schär Lara	1991	FKZ	Laupen		25:20.7	6:14.8
7	28	Krebs Rahel	1996	FKZ	Bösingen		26:28.6	7:22.7
8	315	Bayer Olivia	1981	FKZ	Tafers		27:58.5	8:52.6
9	373	Jakob Fabiana	1977	FKZ	Laupen		28:05.7	8:59.8
10	176	Jungo Anita	1952	FKZ	Tafers	LAT Sense	29:48.0	10:42.1

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
MKZ. Herren kurz/H. court 2008/älter/âgés 12:00 / 4,7Km								
1	384	Schmid Ivan	1975	MKZ	Steffisburg	LV Thun	16:43.7	
2	383	Schaller Nahel	2008	MKZ	Wünnewil	TSV Düringen	17:13.0	29.3
3	321	Chaudoye Fabien	1983	MKZ	Hauteville		17:13.2	29.5
4	369	Walpen René	1966	MKZ	Thun		19:12.2	2:28.5
5	204	Bulloni Claudio	1989	MKZ	Aarberg		19:54.0	3:10.3
6	324	Gobet Patrick	1983	MKZ	Rechthalten		20:36.2	3:52.5
7	379	Panchaud Alexandre	1976	MKZ	Bossonnens	Tri Team Pully	21:14.4	4:30.7
8	213	Keller Pascal	1988	MKZ	Detligen		21:28.6	4:44.9
9	125	Buchs Cedric	1980	MKZ	Düringen	TSV Düringen	21:37.3	4:53.6
10	354	Cercamondi Colin	1983	MKZ	Ueberstorf		22:40.5	5:56.8
11	327	Geissbühler Andrew	1981	MKZ	Bösingen		31:13.6	14:29.9
12	174	Waeber René	1959	MKZ	Schmitten	LAT Sense	36:11.9	19:28.2
13	294	Zbinden Marius	1950	MKZ	St Ursen	LAT Sense	36:12.7	19:29.0

Cl.	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
WW. Walking 12:00 / 4,7Km								
1	374	Bossel Jean-Noël	1959	WW	Bulle	TPF	31:01.3	
2	102	Kieliger Matthias	1972	WW	Zumikon		33:37.6	2:36.3
3	392	Märchy Judith	1960	WW	Baar	Zuger Laufftreff	34:34.4	3:33.1
4	80	Landolt Fridolin	1956	WW	Zürich	SWG Kaufleute Zürich, smrun	34:55.0	3:53.7
5	144	Von Gunten Hans	1944	WW	Thun	smrun	40:57.7	9:56.4
6	26	Collenberg Ursula	1948	WW	Zürich	smrun	41:32.5	10:31.2
7	129	Wolfensberger Annemarie	1950	WW	Oetwil Am See	smrun	45:22.4	14:21.1
8	313	Wittwer Markus	1978	WW	Gunzgen	Kimiclub Gunzgen	45:56.2	14:54.9
9	380	Schwarzmeier Werner	1952	WW	Münsingen	Smrun	47:25.4	16:24.1
10	24	Hänni Barbara	1960	WW	Rüegsauchachen	smrun	47:34.4	16:33.1
11	214	Schmid Max	1948	WW	Untersiggenthal	Smrun/LG Horn	48:45.6	17:44.3
12	64	Von Gunten Silvia	1968	WW	Thun	smrun	52:18.1	21:16.8

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
F70. Frauen/Dames 1956/älter/âgées 13:00 / 10Km								
1	121	Tan Siew	1946	F70	Dietikon	smrun	1h12:56.6	

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
F60. Frauen/Dames 1957-1966 13:00 / 10Km								
1	224	Kaufmann Monika	1958	F60	Muhen	smrun	44:06.3	
2	53	Traba Martinez Fatima	1966	F60	Fribourg	LAT Sense	46:58.1	2:51.8
3	88	Sallin Marianne	1963	F60	Villars-Sur-Glâne	LAT Sense /SM Run	49:23.0	5:16.7
4	295	Ayer Chantal	1965	F60	Farvagny	CAG Farvagny	50:27.4	6:21.1
5	34	Marti Ursula P.	1960	F60	Stettlen	LV95b	50:50.0	6:43.7
6	275	Bernhard Esther	1965	F60	Schlieren		51:52.6	7:46.3
7	173	Bucher Rita	1960	F60	Hermetschwil-Staffeln	SM RUN	52:43.5	8:37.2
8	407	Perreten Heidi	1960	F60	Zweisimmen		54:24.3	10:18.0
9	283	Lips Susanne	1963	F60	Bäriswil	smrun	1h05:40.7	21:34.4

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
F50. Frauen/Dames 1967-1976 13:00 / 10Km								
1	185	Sudan Nadia	1974	F50	Vaulruz	CAG Farvagny	39:59.6	
2	205	Suter Valérie	1976	F50	Fribourg	CA Rosé	42:34.1	2:34.5
3	290	Fleury Jeanine	1967	F50	Villarimboud	CARC Romont	46:55.2	6:55.6
4	399	Scheidegger Therese	1971	F50	Niederbipp	SM RUN	47:41.1	7:41.5
5	239	Da Silva Anabela	1973	F50	Sugiez	CA PORTUGAIS FRIBOURG	48:49.8	8:50.2
6	184	Casati Martine	1974	F50	Rossens	CAG Farvagny	49:24.9	9:25.3
7	333	Philipona Christine	1972	F50	Vuippens	CS Marsens	49:33.1	9:33.5
8	33	Gardoni Bénédicte	1967	F50	Marly	CA Portugais/ sm run	50:13.2	10:13.6
9	243	Menchini Maureen	1972	F50	Murten	CA PORTUGAIS FRIBOURG	50:30.6	10:31.0
10	232	Dubey Claudia	1974	F50	Fétigny	CA PORTUGAIS FRIBOURG	50:37.1	10:37.5
11	253	Carvalho Conceição	1973	F50	Fribourg	CA PORTUGAIS FRIBOURG	51:20.9	11:21.3
12	195	Müller Monika	1975	F50	Ostermundigen	TV Bösing	53:06.2	13:06.6
13	263	Ribeiro Fatima	1974	F50	Thun	CA PORTUGAIS FRIBOURG	53:21.1	13:21.5
14	417	Bangeter Maja	1975	F50	Neuenegg		54:09.3	14:09.7
15	86	De Gasparo Corinne	1971	F50	Schmitten		54:22.7	14:23.1
16	40	Vuitel-Burgy Marie-Christine	1976	F50	Villaz-St-Pierre	CARC Romont	54:45.5	14:45.9
17	81	Cochard Sarah	1973	F50	Corpataux	CAG Farvagny	54:49.8	14:50.2
18	83	Cuche Christel	1972	F50	Corcelles-Près-Payerne	CA PORTUGAIS FRIBOURG	56:31.0	16:31.4
19	371	Baer Ursula	1967	F50	Hägendorf	smrun	57:45.5	17:45.9
20	244	Herren Esther	1968	F50	Lurtigen	TV Bösing	59:21.9	19:22.3
21	258	Monney Myriam	1970	F50	Givisiez	CA PORTUGAIS FRIBOURG	1h00:06.5	20:06.9
22	153	Wenk Judith	1970	F50	Bösing		1h00:18.4	20:18.8
23	96	Pinho Christine	1970	F50	Farvagny	CAG Farvagny / smrun	1h11:59.9	32:00.3

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
F40. Frauen/Dames 1977-1986 13:00 /10Km								
1	208	Heimlicher Teres	1985	F40	Rechthalten	Athletic Team Rechthalten	39:04.7	
2	236	Morgado Madalena	1978	F40	Courtepin	CA PORTUGAIS FRIBOURG	40:55.1	1:50.4
3	126	Lecourt Sophie	1983	F40	Fribourg		41:48.4	2:43.7
4	56	Almeida Laetitia	1985	F40	Noreaz	CA PORTUGAIS FRIBOURG	42:37.3	3:32.6
5	179	Van Wyk Monika	1982	F40	Corminboeuf	LAT Sense	43:54.2	4:49.5
6	310	Simon Christelle	1977	F40	Fribourg	CAG Farvagny	44:00.7	4:56.0
7	416	Krebs Karin	1981	F40	Düdingen	LAT Sense	44:36.4	5:31.7
8	329	Schafer Daniela	1981	F40	Alterswil	LAT Sense	49:16.0	10:11.3
9	134	Allouche Florence	1978	F40	Schindellegi		49:16.6	10:11.9
10	284	Glauser Mirjana	1986	F40	Laupen	TV Bösing	49:27.5	10:22.8
11	267	Pinto Patricia	1983	F40	St-Martin	CS Vallée du Flon	50:11.4	11:06.7
12	112	Margueron Nicole	1981	F40	Villarsel-Le-Gibloux	CAG Farvagny	50:23.1	11:18.4
13	187	Santos Silvia	1986	F40	Chénens	CAG Farvagny	50:28.8	11:24.1
14	397	Nydegger Regina	1982	F40	Düdingen	LAT Sense	50:39.0	11:34.3
15	157	Jallageas Marie-Laure	1986	F40	Bösing		50:41.3	11:36.6
16	163	Gerard Marie-Aline	1979	F40	Marly	CA Marly	52:02.3	12:57.6
17	103	Sansonnens Edmée-Angeline	1982	F40	Marly	Athletic Team Rechthalten	54:37.9	15:33.2
18	202	Lima Vanessa	1986	F40	Givisiez	CA PORTUGAIS FRIBOURG	55:42.4	16:37.7
19	193	Fahrije Morina Fahrije	1986	F40	Domdidier	CA Broyard	1h04:05.1	25:00.4

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
F30. Frauen/Dames 1987-1996 13:00 /10Km								
1	285	Meili Rahel	1990	F30	Bern	ST Bern	37:30.5	
2	17	Poffet Rachel	1989	F30	Tafers	LAT Sense	38:53.4	1:22.9
3	229	Bucher Nadège	1991	F30	Givisiez		45:02.1	7:31.6
4	353	Cercamondi Sabine	1987	F30		ST Bern	46:48.6	9:18.1
5	323	Christen Nadja	1991	F30	Gettnau	LR Gettnau	48:08.1	10:37.6
6	141	Rotzetter Monja	1990	F30	Brünisried		48:16.9	10:46.4
7	91	Brügger Irina	1995	F30	Neuenegg		48:47.0	11:16.5
8	246	Minniti Valérie	1988	F30	Autavaux	CA PORTUGAIS FRIBOURG	48:52.0	11:21.5
9	178	Ekdahl Malin	1987	F30	Aarau	smrun / LG Niederamt	49:57.0	12:26.5
10	20	Burckhardt Valérie	1995	F30	Schliern B. Köniz		50:59.9	13:29.4
11	21	Oswald Zora	1996	F30	Bern		51:00.4	13:29.9
12	118	Nicolet Céilia	1989	F30	Ecuvillens	CAG Farvagny	52:58.0	15:27.5
13	35	Bösiger Lisa	1992	F30	Oberdiessbach		54:12.1	16:41.6
14	51	Pellissier Léa	1991	F30	Fribourg	CA Marly	55:22.8	17:52.3
15	231	Martial Estelle	1991	F30	Blonay	CA PORTUGAIS FRIBOURG	56:09.6	18:39.1
16	406	Roulier Charlene	1995	F30	Bellerive		57:47.2	20:16.7
17	44	Trachsel Celine	1989	F30	Laupen		59:34.8	22:04.3
18	43	Köhler Iris	1988	F30	Bösingen		59:35.3	22:04.8
19	319	Filippin Charlene	1989	F30	Villaz-St-Pierre		1h00:49.1	23:18.6
20	189	Wingeier Chantal	1992	F30	Schönbühl		1h04:32.3	27:01.8

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
F18. Frauen/Dames 1997-2008 13:00 /10Km								
1	280	Chevillard Lou-Salomé	2005	F18	Arconciel	CA PORTUGAIS FRIBOURG	41:25.4	
2	225	Chofflon Salomé	1999	F18	Farvagny	CAG Farvagny	43:27.6	2:02.2
3	42	Cudré-Mauroux Laurine	2004	F18	Autigny	CA Rosé	48:23.7	6:58.3
4	375	Lauper Sarah	2005	F18	Plasselb		52:40.4	11:15.0
5	84	Cuche Lucia	2008	F18	Corcelles-Près-Payerne	CA PORTUGAIS FRIBOURG	55:39.5	14:14.1
6	41	Bachmann Célia	1997	F18	Marly	CA Marly	59:24.1	17:58.7
7	170	Noëlle Winkler Noëlle	1997	F18	Schmitten Fr		1h04:31.8	23:06.4

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
M70. Männer/Hommes 1956/älter/âgés 13:00 / 10Km								
1	39	Terreaux Bernard	1952	M70	Vuisternens-En-Ogoz	CAG Farvagny	43:20.9	
2	322	Christen Hans	1956	M70	Gettnau	LR Gettnau	45:48.8	2:27.9
3	240	Carnevale Angelo	1956	M70	Villars-Sur-Glâne	CA PORTUGAIS FRIBOURG	46:10.4	2:49.5
4	68	Chappuis Michel	1954	M70	Fribourg	CAG Farvagny	49:36.0	6:15.1
5	226	Cueni Peter	1953	M70	Bösingen	TV Bösingen	50:35.1	7:14.2
6	76	Stritt Karl	1950	M70	Tafers	LAT Sense /SM Run	51:25.5	8:04.6
7	254	Hermann Jean-Michel	1956	M70	Villars-Sur-Glâne	CA PORTUGAIS FRIBOURG	51:49.5	8:28.6
8	394	Mauron Gerard	1956	M70	Mezieres	CARC Romont	52:51.0	9:30.1
9	180	Lirgg Uli	1956	M70	Avenches	Cloros Team	53:08.8	9:47.9
10	119	Küffer Walter	1952	M70	Schmitten Fr	LAT Sense	53:44.6	10:23.7
11	386	Maeder Walter	1951	M70	Courgevaux	SMRUN	54:52.4	11:31.5
12	291	Jucker Walter	1953	M70	Schlieren	smrun / run4fun.ch	55:26.6	12:05.7
13	99	Remy Charles-Henri	1953	M70	Marly	smrun/CA Portugais de Fribourg	56:21.9	13:01.0
14	108	Wiedemeier Hans	1945	M70	Gebenstorf	smrun / LG-Horn	57:57.1	14:36.2
15	412	Rhemy Bruno	1954	M70	Rossens	ACPM Matran	1h01:31.9	18:11.0
16	265	Schibig Viktor	1948	M70	Illnau	smrun	1h01:44.1	18:23.2
17	340	Pauchard Bruno	1949	M70	Bösingen	TV Bösingen	1h02:18.8	18:57.9
18	25	Chavallaz Bernardin	1943	M70	Ecuvillens	CAG Farvagny / smrun	1h02:59.2	19:38.3
19	94	Widmer Paul	1939	M70	Effretikon	smrun	1h04:22.4	21:01.5
20	133	Sablone Gregorio	1937	M70	Zurich	smrun	1h05:00.3	21:39.4
21	93	Andrist Bernhard	1946	M70	Zürich	smrun	1h12:46.4	29:25.5

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
M60. Männer/Hommes 1957-1966 13:00 / 10Km								
1	248	Reis Victor	1964	M60	Payerne	CA PORTUGAIS FRIBOURG	40:17.1	
2	390	Buchs Willy	1964	M60	Zumholz	TP Fribourg	42:01.7	1:44.6
3	300	Ayer Serge	1965	M60	Farvagny	CAG Farvagny	42:39.3	2:22.2
4	413	Thürler Gérard	1959	M60	Marsens	CS Marsens	42:53.3	2:36.2
5	338	Witschard Jean-Pierre	1965	M60	Avry-Sur-Matran		43:08.8	2:51.7
6	408	Nydegger Beat	1961	M60	Schwarzsee	AT Rechthalten	44:27.4	4:10.3
7	255	Porões Benjamim	1966	M60	Courtepin	CA PORTUGAIS FRIBOURG	44:35.5	4:18.4
8	339	Blum Hugo	1960	M60	Luzern	smrun	45:44.9	5:27.8
9	268	Ziegler Alain	1959	M60	Fraubrunnen	Post Auto Mittelland	45:58.7	5:41.6
10	122	Von Känel Christoph	1959	M60	Frutigen	All Blacks Thun	46:43.2	6:26.1
11	402	Wyssen Alwin	1962	M60	Zumholz	AT Rechthalten	46:52.7	6:35.6
12	403	Gachoud Frédéric	1966	M60	Pont	CS Vallée du Flon	48:13.4	7:56.3
13	287	Bringold Andreas	1964	M60	Beinwil / So	LG Niederbipp	48:35.7	8:18.6
14	199	Gauch Jean-Marc	1964	M60	Villars-Sur-Glâne		48:54.5	8:37.4
15	272	Savary Etienne	1958	M60	Farvagny	CAG Farvagny	49:32.3	9:15.2
16	22	Mettler Paul	1959	M60	Gossau Sg	smrun	50:44.1	10:27.0
17	27	Weber Stefan	1964	M60	Schnottwil		51:41.8	11:24.7
18	387	Fragnière Gerald	1964	M60	Marsens		52:58.6	12:41.5
19	62	Angéloz Henri	1964	M60	Marly	CA PORTUGAIS FRIBOURG	53:27.2	13:10.1
20	206	De Gasparo Charles-Etienne	1966	M60	Schmitten	LAT Sense	53:31.3	13:14.2
21	14	Alleyn Rudy	1965	M60	St. Sylvester	CA PORTUGAIS FRIBOURG	53:47.7	13:30.6
22	242	Dessibourg Christian	1965	M60	Murten	CA PORTUGAIS FRIBOURG	54:25.6	14:08.5
23	292	Sahli Andreas	1961	M60	Wünnewil		54:45.8	14:28.7
24	293	Scarcella Giovanni	1963	M60	Luzern	SMRUN	54:51.1	14:34.0
25	109	Burnet Eric	1960	M60	La Corbaz	ACPM Matran	55:34.9	15:17.8
26	370	Kottmeyer René	1966	M60	Zug	smrun	56:50.9	16:33.8
27	207	Rickli Eric	1962	M60	Fribourg		57:20.7	17:03.6
28	120	Leimgruber Jörg	1963	M60	Dietikon	smrun	57:23.2	17:06.1
29	127	Freiburghaus Philippe	1964	M60	La Corbaz	ACPM Matran	57:27.7	17:10.6
30	235	Michel Rémy	1957	M60	Neyruz	CA PORTUGAIS FRIBOURG	58:29.5	18:12.4
31	183	Bachmann Jean-Bernard	1962	M60	La Roche	CA Marly	59:24.6	19:07.5
32	372	Fürst René	1960	M60	Münchenwiler	AC Murten	1h17:05.2	36:48.1
33	196	Pfister Rolf	1957	M60	Pfaffhausen	smrun	1h20:33.4	40:16.3
34	377	Gianpaolo Nivola	1966	M60	Luzern	Smrun	1h20:41.7	40:24.6

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
M50. Männer/Hommes 1967-1976 13:00 / 10Km								
1	237	Morgado Mario	1975	M50	Courtaman	CA PORTUGAIS FRIBOURG	36:07.4	
2	151	Brügger Werner	1975	M50	Giffers	Athletic Team Rechthalten	36:22.5	15.1
3	182	Pochon Frédéric	1973	M50	Avry-Devant-Pont	CS Le Pâquier	37:35.6	1:28.2
4	262	Ribeiro Albino	1968	M50	Thun	CA PORTUGAIS FRIBOURG	40:00.7	3:53.3
5	46	Bouzon Daniel	1972	M50	Lovens	CAG Farvagny	40:33.1	4:25.7
6	59	Moreira Luis Antonio	1967	M50	Fribourg	CA PORTUGAIS FRIBOURG	40:38.7	4:31.3
7	410	Lehmann Matthias	1974	M50	St. Antoni	Blaskapelle Nord-Süd	41:03.4	4:56.0
8	317	Roulin Philippe	1976	M50	Ependes Fr	CAG Farvagny	41:17.7	5:10.3
9	139	Monney Martial	1969	M50	Corpataux	CAG Farvagny	41:52.8	5:45.4
10	75	Marmy Christophe	1973	M50	Murist	A Travers Cugy	42:24.6	6:17.2
11	85	Burkhard Emanuel	1973	M50	Schwarzenburg	ST Bern	42:26.1	6:18.7
12	171	Sonney Jean-Pierre	1969	M50	Auboranges	CS Vallée du Flon	45:37.1	9:29.7
13	409	Fahrni Bernhard	1972	M50	Plaffeien	Sportverein Alterswil	46:08.0	10:00.6
14	396	Guillebeau Michel	1974	M50	Tafers	LAT Sense	46:39.2	10:31.8
15	161	Bürgisser Beat	1971	M50	Düdingen	LAT Sense	47:34.5	11:27.1
16	82	Cetrangolo Giuseppe	1970	M50	Morat	peppepoulet.ch	48:43.4	12:36.0
17	175	Kolly Christian	1967	M50	Farvagny-Le-Petit	CAG Farvagny	51:06.5	14:59.1
18	186	Waelti Albert	1969	M50	Wohlen Bei Bern	ACPM Matran	51:53.3	15:45.9
19	154	Götschmann Frédéric	1975	M50	Fribourg		54:09.0	18:01.6
20	89	Von Der Forst Alexander	1967	M50	Posieux	CAG Farvagny	54:16.8	18:09.4
21	264	Gertsch Dany	1976	M50	Porsel	CS Vallée du Flon	55:54.7	19:47.3
22	209	Schneuwly Markus	1976	M50	Bösingen		59:02.7	22:55.3
23	110	Borghesu Angelo	1976	M50	Freiburg		1h00:19.0	24:11.6
24	241	Blanchard Julien	1976	M50	Fribourg	CA PORTUGAIS FRIBOURG	1h01:49.6	25:42.2
25	376	Lenz Michael	1967	M50	Thierachen	Laufftreff Thun	1h08:57.2	32:49.8

Cl	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
M40. Männer/Hommes 1977-1986 13:00 / 10Km								
1	116	Berset Pascal	1985	M40	Farvagny	CAGF / Trilogie Sport	32:27.5	
2	286	Zürcher Martin	1982	M40	Weier	TV Länggasse	32:48.3	20.8
3	418	Zahnd Simon	1982	M40	Riggisberg	Gantrischbike.ch	34:11.7	1:44.2
4	395	Hayoz Julien	1986	M40	Cressier	Trilogie Sport	35:19.4	2:51.9
5	269	Huber Erich	1981	M40	Rechthalten	Athletic Team Rechthalten	35:32.9	3:05.4
6	312	Zosso Franco	1982	M40	Meyriez	CA PORTUGAIS FRIBOURG	36:26.5	3:59.0
7	336	Lehmann Andreas	1979	M40	Gstaad		36:53.7	4:26.2
8	128	Dessibourg Benoît	1983	M40	Fribourg	TP Fribourg	37:10.9	4:43.4
9	200	Paulo Dos Santos	1986	M40	Givisiez	CA PORTUGAIS FRIBOURG	37:13.4	4:45.9
10	37	Pagani Livio	1982	M40	Les Breuleux		37:48.7	5:21.2
11	55	Almeida Nuno	1980	M40	Noreaz	CA PORTUGAIS FRIBOURG	37:59.1	5:31.6
12	405	Mauron Vincent	1984	M40	Romont	CARC Romont	38:04.6	5:37.1
13	188	Sturny Florian	1982	M40	Tafers	LAT Sense	38:59.6	6:32.1
14	393	Clerc Laurent	1980	M40	La Roche	Cag Farvagny	39:22.8	6:55.3
15	47	Krebs Peter	1980	M40	Tafers		39:34.7	7:07.2
16	36	Engeloch Remo	1979	M40	Liebefeld	Trail-Maniacs	40:04.6	7:37.1
17	152	Vogt Philippe	1980	M40	Alterswil	LAT Sense	40:07.0	7:39.5
18	252	Matias Antonio	1986	M40	La Roche	CA PORTUGAIS FRIBOURG	40:41.8	8:14.3
19	100	Ropraz Samuel	1985	M40	Wünnewil	LAT Sense	40:45.6	8:18.1
20	404	Garin Stéphane	1982	M40	Porsel	CS Vallée du Flon	41:26.4	8:58.9
21	162	Roccaro Thomas	1978	M40	Giffers	Athletic Team Rechthalten	41:36.2	9:08.7
22	63	Galley Daniel	1982	M40	Ecuvillens	CAG Farvagny	41:40.4	9:12.9
23	230	Lopes Vitor	1982	M40	Cornaux	CA PORTUGAIS FRIBOURG	43:12.0	10:44.5
24	391	Droux Daniel	1979	M40	Mezières	CSVF	44:45.8	12:18.3
25	271	Aebi Mikael	1982	M40	Estavayer-Le-Gibloux	TP Fribourg	44:59.9	12:32.4
26	279	Maillard Roman	1982	M40	Bösingen	TV Lyss	45:35.9	13:08.4
27	147	Käser Michael	1981	M40	Wünnewil	TV Bösingen	45:45.4	13:17.9
28	415	Schöpfer Pius	1986	M40	Heimenschwand	SM RUN	46:24.3	13:56.8
29	145	Bochsler Raphael	1982	M40	Schmitten		46:37.3	14:09.8
30	260	Fernandes Silva Celso	1978	M40	La Roche	CA PORTUGAIS FRIBOURG	46:47.6	14:20.1
31	350	Medo Matus	1979	M40	Schmitten		49:09.0	16:41.5
32	23	Iseli Thomas	1986	M40	Bösingen		50:00.7	17:33.2
33	301	Andres Roger	1985	M40	Freiburg		52:24.6	19:57.1
34	389	Poffet Marco	1986	M40	Tafers	LAT Sense	53:16.4	20:48.9
35	18	Liechti Christian	1986	M40	Boll		58:41.7	26:14.2

Cl.	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
M30. Männer/Hommes 1987-1996 13:00 / 10Km								
1	137	Pfanner Michael	1987	M30	Sugiez	Triathlon Oberwallis	32:00.2	
2	95	Schouwey Jérémy	1991	M30	Neirivue	CS Broc / Trilogie Sport	32:09.4	9.2
3	227	Driever Wout	1989	M30	Schwarzenburg	Thömus by Wyss Training	33:03.4	1:03.2
4	401	Tefera Mekonen	1992	M30	Nidau	TVL	33:10.1	1:09.9
5	29	Grivel Robin	1996	M30	Avry-Devant-Pont	CS Le Pâquier	36:38.3	4:38.1
6	60	Uliwabo Chris	1993	M30	Baden		36:42.1	4:41.9
7	388	Gremaud Maxime	1991	M30	Grandvillard	CS Broc	37:18.2	5:18.0
8	87	Aebischer Simon	1990	M30	Freimettigen		38:38.4	6:38.2
9	140	Rey Lionel	1993	M30	Cugy	A Travers Cugy	39:05.5	7:05.3
10	234	Santos Hugo	1996	M30	Le Mouret	CA PORTUGAIS FRIBOURG	39:20.7	7:20.5
11	105	Etter Edi	1990	M30	Ried Bei Kerzers	TV Länggasse Bern	40:18.7	8:18.5
12	61	Herren Jan	1992	M30	Laupen		42:08.4	10:08.2
13	164	Bertschy Marc	1987	M30	Heitenried	LAT Sense	43:06.6	11:06.4
14	398	Stritt Laurent	1990	M30	Tafers	LAT Sense	43:28.2	11:28.0
15	156	Jallageas Antoine	1987	M30	Bösingen		43:47.1	11:46.9
16	16	Fernandes Luis	1988	M30	Avenches	CA PORTUGAIS FRIBOURG	45:54.2	13:54.0
17	245	Monsec Marc	1989	M30	Autavaux	CA PORTUGAIS FRIBOURG	46:04.0	14:03.8
18	90	Dorthe Anthony	1992	M30	Düdingen		48:24.8	16:24.6
19	400	Staufer Fabian	1987	M30	Neuenegg		49:48.9	17:48.7
20	111	Freiburghaus Sylvain	1993	M30	La Corbaz		50:04.8	18:04.6
21	251	Coelho Joaquim	1988	M30	Pensier	CA PORTUGAIS FRIBOURG	51:22.1	19:21.9
22	48	Schürch Mathias	1987	M30	Steffisburg		51:26.3	19:26.1

Cl.	No.	Nom et prénom	An.	Cat.	Domicile	Club / Team	Temps	Écart
M18. Manner/Hommes 1997-2008 13:00 / 10Km								
1	411	Monney Arnaud	2002	M18	Corpataux	CAG Farvagny	32:38.2	
2	65	Philipona Alec	2000	M18	Rechthalten	Athletic Team Rechthalten	32:57.2	19.0
3	337	Chofflon Corentin	2004	M18	Farvagny	CAG Farvagny	35:02.4	2:24.2
4	335	Lehmann Jean-Luc	2008	M18	Gstaad		36:03.3	3:25.1
5	92	Philipona Tristan	1998	M18	Rechthalten	Athletic Team Rechthalten	36:11.1	3:32.9
6	282	Guillebeau Noël	2004	M18	Tafers	LAT Sense	36:18.3	3:40.1
7	256	Kaehr Nathanaël	1999	M18	Morens	CA PORTUGAIS FRIBOURG	40:55.7	8:17.5
8	257	Minder Julian	2002	M18	Rizenbach	SC Wileroltigen	43:27.2	10:49.0
9	288	Capdeboscq Hugo	2000	M18	Tavel		44:16.4	11:38.2
10	31	Aebischer Cyrill	1999	M18	Fribourg		45:46.5	13:08.3
11	414	Schneuwly Valentin	1997	M18	Wünnewil	LAT Sense	59:19.7	26:41.5

Cl	No.	Nom et prénom	An.	Domicile	Club / Team	Temps	Écart (Cl)	Cat.
----	-----	---------------	-----	----------	-------------	-------	------------	------

13:00 Scratch Dames / Damen 10 Km

1	285	Meili Rahel	1990	Bern	ST Bern	37:30.5		(1) F30
2	17	Poffet Rachel	1989	Tafers	LAT Sense	38:53.4	1:22.9	(2) F30
3	208	Heimlicher Teres	1985	Rechthalten	Athletic Team Rechthalten	39:04.7	1:34.2	(1) F40
4	185	Sudan Nadia	1974	Vaulruz	CAG Farvagny	39:59.6	2:29.1	(1) F50
5	236	Morgado Madalena	1978	Courtepin	CA PORTUGAIS FRIBOURG	40:55.1	3:24.6	(2) F40
6	280	Chevillard Lou-Salomé	2005	Arconciel	CA PORTUGAIS FRIBOURG	41:25.4	3:54.9	(1) F18
7	126	Lecourt Sophie	1983	Fribourg		41:48.4	4:17.9	(3) F40
8	205	Suter Valérie	1976	Fribourg	CA Rosé	42:34.1	5:03.6	(2) F50
9	56	Almeida Laetitia	1985	Noreaz	CA PORTUGAIS FRIBOURG	42:37.3	5:06.8	(4) F40
10	225	Chofflon Salomé	1999	Farvagny	CAG Farvagny	43:27.6	5:57.1	(2) F18
11	179	Van Wyk Monika	1982	Corminboeuf	LAT Sense	43:54.2	6:23.7	(5) F40
12	310	Simon Christelle	1977	Fribourg	CAG Farvagny	44:00.7	6:30.2	(6) F40
13	224	Kaufmann Monika	1958	Muhen	smrun	44:06.3	6:35.8	(1) F60
14	416	Krebs Karin	1981	Düdingen	LAT Sense	44:36.4	7:05.9	(7) F40
15	229	Bucher Nadège	1991	Givisiez		45:02.1	7:31.6	(3) F30
16	353	Cercamondi Sabine	1987		ST Bern	46:48.6	9:18.1	(4) F30
17	290	Fleury Jeanine	1967	Villarimboud	CARC Romont	46:55.2	9:24.7	(3) F50
18	53	Traba Martinez Fatima	1966	Fribourg	LAT Sense	46:58.1	9:27.6	(2) F60
19	399	Scheidegger Therese	1971	Niederbipp	SM RUN	47:41.1	10:10.6	(4) F50
20	323	Christen Nadja	1991	Gettnau	LR Gettnau	48:08.1	10:37.6	(5) F30
21	141	Rotzetter Monja	1990	Brünisried		48:16.9	10:46.4	(6) F30
22	42	Cudré-Mauroux Laurine	2004	Autigny	CA Rosé	48:23.7	10:53.2	(3) F18
23	91	Brügger Irina	1995	Neuenegg		48:47.0	11:16.5	(7) F30
24	239	Da Silva Anabela	1973	Sugiez	CA PORTUGAIS FRIBOURG	48:49.8	11:19.3	(5) F50
25	246	Minniti Valérie	1988	Autavaux	CA PORTUGAIS FRIBOURG	48:52.0	11:21.5	(8) F30
26	329	Schafer Daniela	1981	Alterswil	LAT Sense	49:16.0	11:45.5	(8) F40
27	134	Allouche Florence	1978	Schindellegi		49:16.6	11:46.1	(9) F40
28	88	Sallin Marianne	1963	Villars-Sur-Glâne	LAT Sense /SM Run	49:23.0	11:52.5	(3) F60
29	184	Casati Martine	1974	Rossens	CAG Farvagny	49:24.9	11:54.4	(6) F50
30	284	Glauser Mirjana	1986	Laupen	TV Bösing	49:27.5	11:57.0	(10) F40
31	333	Philipona Christine	1972	Vuippens	CS Marsens	49:33.1	12:02.6	(7) F50
32	178	Ekdahl Malin	1987	Aarau	smrun / LG Niederamt	49:57.0	12:26.5	(9) F30
33	267	Pinto Patricia	1983	St-Martin	CS Vallée du Flon	50:11.4	12:40.9	(11) F40
34	33	Gardoni Bénédicte	1967	Marly	CA Portugais/ sm run	50:13.2	12:42.7	(8) F50
35	112	Margueron Nicole	1981	Villarsel-Le-Gibloux	CAG Farvagny	50:23.1	12:52.6	(12) F40
36	295	Ayer Chantal	1965	Farvagny	CAG Farvagny	50:27.4	12:56.9	(4) F60
37	187	Santos Silvia	1986	Chénens	CAG Farvagny	50:28.8	12:58.3	(13) F40
38	243	Menchini Maureen	1972	Murten	CA PORTUGAIS FRIBOURG	50:30.6	13:00.1	(9) F50
39	232	Dubey Claudia	1974	Fétigny	CA PORTUGAIS FRIBOURG	50:37.1	13:06.6	(10) F50
40	397	Nydegger Regina	1982	Düdingen	LAT Sense	50:39.0	13:08.5	(14) F40
41	157	Jallageas Marie-Laure	1986	Bösing		50:41.3	13:10.8	(15) F40
42	34	Marti Ursula P.	1960	Stettlen	LV95b	50:50.0	13:19.5	(5) F60
43	20	Burckhardt Valérie	1995	Schliern B. Köniz		50:59.9	13:29.4	(10) F30
44	21	Oswald Zora	1996	Bern		51:00.4	13:29.9	(11) F30
45	253	Carvalho Conceição	1973	Fribourg	CA PORTUGAIS FRIBOURG	51:20.9	13:50.4	(11) F50
46	275	Bernhard Esther	1965	Schlieren		51:52.6	14:22.1	(6) F60
47	163	Gerard Marie-Aline	1979	Marly	CA Marly	52:02.3	14:31.8	(16) F40

Cl	No.	Nom et prénom	An.	Domicile	Club / Team	Temps	Écart	(Cl)	Cat.
48	375	Lauper Sarah	2005	Plasselb		52:40.4	15:09.9	(4)	F18
49	173	Bucher Rita	1960	Hermetschwil-Staffeln	SM RUN	52:43.5	15:13.0	(7)	F60
50	118	Nicolet Célia	1989	Ecuwillens	CAG Farvagny	52:58.0	15:27.5	(12)	F30
51	195	Müller Monika	1975	Ostermundigen	TV Bösing	53:06.2	15:35.7	(12)	F50
52	263	Ribeiro Fatima	1974	Thun	CA PORTUGAIS FRIBOURG	53:21.1	15:50.6	(13)	F50
53	417	Bangeter Maja	1975	Neuenegg		54:09.3	16:38.8	(14)	F50
54	35	Bösiger Lisa	1992	Oberdiessbach		54:12.1	16:41.6	(13)	F30
55	86	De Gasparo Corinne	1971	Schmitten		54:22.7	16:52.2	(15)	F50
56	407	Perreten Heidi	1960	Zweisimmen		54:24.3	16:53.8	(8)	F60
57	103	Sansonnens Edmée-Angeline	1982	Marly	Athletic Team Rechthalten	54:37.9	17:07.4	(17)	F40
58	40	Vuitel-Burgy Marie-Christine	1976	Villaz-St-Pierre	CARC Romont	54:45.5	17:15.0	(16)	F50
59	81	Cochard Sarah	1973	Corpataux	CAG Farvagny	54:49.8	17:19.3	(17)	F50
60	51	Pellissier Léa	1991	Fribourg	CA Marly	55:22.8	17:52.3	(14)	F30
61	84	Cuche Lucia	2008	Corcelles-Près-Payerne	CA PORTUGAIS FRIBOURG	55:39.5	18:09.0	(5)	F18
62	202	Lima Vanessa	1986	Givisiez	CA PORTUGAIS FRIBOURG	55:42.4	18:11.9	(18)	F40
63	231	Martial Estelle	1991	Blonay	CA PORTUGAIS FRIBOURG	56:09.6	18:39.1	(15)	F30
64	83	Cuche Christel	1972	Corcelles-Près-Payerne	CA PORTUGAIS FRIBOURG	56:31.0	19:00.5	(18)	F50
65	371	Baer Ursula	1967	Hägendorf	smrun	57:45.5	20:15.0	(19)	F50
66	406	Roulier Charlène	1995	Bellerive		57:47.2	20:16.7	(16)	F30
67	244	Herren Esther	1968	Lurtigen	TV Bösing	59:21.9	21:51.4	(20)	F50
68	41	Bachmann Célia	1997	Marly	CA Marly	59:24.1	21:53.6	(6)	F18
69	44	Trachsel Celine	1989	Laupen		59:34.8	22:04.3	(17)	F30
70	43	Köhler Iris	1988	Bösingen		59:35.3	22:04.8	(18)	F30
71	258	Monney Myriam	1970	Givisiez	CA PORTUGAIS FRIBOURG	1h00:06.5	22:36.0	(21)	F50
72	153	Wenk Judith	1970	Bösingen		1h00:18.4	22:47.9	(22)	F50
73	319	Filippin Charlene	1989	Villaz-St-Pierre		1h00:49.1	23:18.6	(19)	F30
74	193	Fahrije Morina Fahrije	1986	Domdidier	CA Broyard	1h04:05.1	26:34.6	(19)	F40
75	170	Noëlle Winkler Noëlle	1997	Schmitten Fr		1h04:31.8	27:01.3	(7)	F18
76	189	Wingeier Chantal	1992	Schönbühl		1h04:32.3	27:01.8	(20)	F30
77	283	Lips Susanne	1963	Bäriswil	smrun	1h05:40.7	28:10.2	(9)	F60
78	96	Pinho Christine	1970	Farvagny	CAG Farvagny / smrun	1h11:59.9	34:29.4	(23)	F50
79	121	Tan Siew	1946	Dietikon	smrun	1h12:56.6	35:26.1	(1)	F70

Cl	No.	Nom et prénom	An.	Domicile	Club / Team	Temps	Écart (Cl)	Cat.
----	-----	---------------	-----	----------	-------------	-------	------------	------

13:00 Scratch Hommes / Herren 10 Km

1	137	Pfanner Michael	1987	Sugiez	Triathlon Oberwallis	32:00.2	(1)	M30
2	95	Schouwey Jérémy	1991	Neirivue	CS Broc / Trilogie Sport	32:09.4	9.2	(2) M30
3	116	Berset Pascal	1985	Farvagny	CAGF / Trilogie Sport	32:27.5	27.3	(1) M40
4	411	Monney Arnaud	2002	Corpataux	CAG Farvagny	32:38.2	38.0	(1) M18
5	286	Zürcher Martin	1982	Weier	TV Länggasse	32:48.3	48.1	(2) M40
6	65	Philipona Alec	2000	Rechthalten	Athletic Team Rechthalten	32:57.2	57.0	(2) M18
7	227	Driever Wout	1989	Schwarzenburg	Thömus by Wyss Training	33:03.4	1:03.2	(3) M30
8	401	Tefera Mekonen	1992	Nidau	TVL	33:10.1	1:09.9	(4) M30
9	418	Zahnd Simon	1982	Riggisberg	Gantrischbike.ch	34:11.7	2:11.5	(3) M40
10	337	Chofflon Corentin	2004	Farvagny	CAG Farvagny	35:02.4	3:02.2	(3) M18
11	395	Hayoz Julien	1986	Cressier	Trilogie Sport	35:19.4	3:19.2	(4) M40
12	269	Huber Erich	1981	Rechthalten	Athletic Team Rechthalten	35:32.9	3:32.7	(5) M40
13	335	Lehmann Jean-Luc	2008	Gstaad		36:03.3	4:03.1	(4) M18
14	237	Morgado Mario	1975	Courtaman	CA PORTUGAIS FRIBOURG	36:07.4	4:07.2	(1) M50
15	92	Philipona Tristan	1998	Rechthalten	Athletic Team Rechthalten	36:11.1	4:10.9	(5) M18
16	282	Guillebeau Noël	2004	Tafers	LAT Sense	36:18.3	4:18.1	(6) M18
17	151	Brügger Werner	1975	Giffers	Athletic Team Rechthalten	36:22.5	4:22.3	(2) M50
18	312	Zosso Franco	1982	Meyriez	CA PORTUGAIS FRIBOURG	36:26.5	4:26.3	(6) M40
19	29	Grivel Robin	1996	Avry-Devant-Pont	CS Le Pâquier	36:38.3	4:38.1	(5) M30
20	60	Uliwabo Chris	1993	Baden		36:42.1	4:41.9	(6) M30
21	336	Lehmann Andreas	1979	Gstaad		36:53.7	4:53.5	(7) M40
22	128	Dessibourg Benoît	1983	Fribourg	TP Fribourg	37:10.9	5:10.7	(8) M40
23	200	Paulo Dos Santos	1986	Givisiez	CA PORTUGAIS FRIBOURG	37:13.4	5:13.2	(9) M40
24	388	Gremaud Maxime	1991	Grandvillard	CS Broc	37:18.2	5:18.0	(7) M30
25	182	Pochon Frédéric	1973	Avry-Devant-Pont	CS Le Pâquier	37:35.6	5:35.4	(3) M50
26	37	Pagani Livio	1982	Les Breuleux		37:48.7	5:48.5	(10) M40
27	55	Almeida Nuno	1980	Noreaz	CA PORTUGAIS FRIBOURG	37:59.1	5:58.9	(11) M40
28	405	Mauron Vincent	1984	Romont	CARC Romont	38:04.6	6:04.4	(12) M40
29	87	Aebischer Simon	1990	Freimettigen		38:38.4	6:38.2	(8) M30
30	188	Sturny Florian	1982	Tafers	LAT Sense	38:59.6	6:59.4	(13) M40
31	140	Rey Lionel	1993	Cugy	A Travers Cugy	39:05.5	7:05.3	(9) M30
32	234	Santos Hugo	1996	Le Mouret	CA PORTUGAIS FRIBOURG	39:20.7	7:20.5	(10) M30
33	393	Clerc Laurent	1980	La Roche	Cag Farvagny	39:22.8	7:22.6	(14) M40
34	47	Krebs Peter	1980	Tafers		39:34.7	7:34.5	(15) M40
35	262	Ribeiro Albino	1968	Thun	CA PORTUGAIS FRIBOURG	40:00.7	8:00.5	(4) M50
36	36	Engeloch Remo	1979	Liebefeld	Trail-Maniacs	40:04.6	8:04.4	(16) M40
37	152	Vogt Philippe	1980	Alterswil	LAT Sense	40:07.0	8:06.8	(17) M40
38	248	Reis Victor	1964	Payerne	CA PORTUGAIS FRIBOURG	40:17.1	8:16.9	(1) M60
39	105	Etter Edi	1990	Ried Bei Kerzers	TV Länggasse Bern	40:18.7	8:18.5	(11) M30
40	46	Bouzon Daniel	1972	Lovens	CAG Farvagny	40:33.1	8:32.9	(5) M50
41	59	Moreira Luis Antonio	1967	Fribourg	CA PORTUGAIS FRIBOURG	40:38.7	8:38.5	(6) M50
42	252	Matias Antonio	1986	La Roche	CA PORTUGAIS FRIBOURG	40:41.8	8:41.6	(18) M40
43	100	Ropraz Samuel	1985	Wünnewil	LAT Sense	40:45.6	8:45.4	(19) M40
44	256	Kaehr Nathanaël	1999	Morens	CA PORTUGAIS FRIBOURG	40:55.7	8:55.5	(7) M18
45	410	Lehmann Matthias	1974	St. Antoni	Blaskapelle Nord-Süd	41:03.4	9:03.2	(7) M50
46	317	Roulin Philippe	1976	Ependes Fr	CAG Farvagny	41:17.7	9:17.5	(8) M50

Cl	No.	Nom et prénom	An.	Domicile	Club / Team	Temps	Écart	(Cl)	Cat.
47	404	Garin Stéphane	1982	Porsel	CS Vallée du Flon	41:26.4	9:26.2	(20)	M40
48	162	Roccaro Thomas	1978	Giffers	Athletic Team Rechthalten	41:36.2	9:36.0	(21)	M40
49	63	Galley Daniel	1982	Ecuvillens	CAG Farvagny	41:40.4	9:40.2	(22)	M40
50	139	Monney Martial	1969	Corpataux	CAG Farvagny	41:52.8	9:52.6	(9)	M50
51	390	Buchs Willy	1964	Zumholz	TP Fribourg	42:01.7	10:01.5	(2)	M60
52	61	Herren Jan	1992	Laupen		42:08.4	10:08.2	(12)	M30
53	75	Marmy Christophe	1973	Murist	A Travers Cugy	42:24.6	10:24.4	(10)	M50
54	85	Burkhard Emanuel	1973	Schwarzenburg	ST Bern	42:26.1	10:25.9	(11)	M50
55	300	Ayer Serge	1965	Farvagny	CAG Farvagny	42:39.3	10:39.1	(3)	M60
56	413	Thürler Gérard	1959	Marsens	CS Marsens	42:53.3	10:53.1	(4)	M60
57	164	Bertschy Marc	1987	Heitenried	LAT Sense	43:06.6	11:06.4	(13)	M30
58	338	Witschard Jean-Pierre	1965	Avry-Sur-Matran		43:08.8	11:08.6	(5)	M60
59	230	Lopes Vitor	1982	Cornaux	CA PORTUGAIS FRIBOURG	43:12.0	11:11.8	(23)	M40
60	39	Terreaux Bernard	1952	Vuisternens-En-Ogoz	CAG Farvagny	43:20.9	11:20.7	(1)	M70
61	257	Minder Julian	2002	Rizenbach	SC Wileroltigen	43:27.2	11:27.0	(8)	M18
62	398	Stritt Laurent	1990	Tafers	LAT Sense	43:28.2	11:28.0	(14)	M30
63	156	Jallageas Antoine	1987	Bösingen		43:47.1	11:46.9	(15)	M30
64	288	Capdeboscq Hugo	2000	Tavel		44:16.4	12:16.2	(9)	M18
65	408	Nydegger Beat	1961	Schwarzsee	AT Rechthalten	44:27.4	12:27.2	(6)	M60
66	255	Porões Benjamim	1966	Courtepin	CA PORTUGAIS FRIBOURG	44:35.5	12:35.3	(7)	M60
67	391	Droux Daniel	1979	Mezières	CSVF	44:45.8	12:45.6	(24)	M40
68	271	Aebi Mikael	1982	Estavayer-Le-Gibloux	TP Fribourg	44:59.9	12:59.7	(25)	M40
69	279	Maillard Roman	1982	Bösingen	TV Lyss	45:35.9	13:35.7	(26)	M40
70	171	Sonney Jean-Pierre	1969	Auboranges	CS Vallée du Flon	45:37.1	13:36.9	(12)	M50
71	339	Blum Hugo	1960	Luzern	smrun	45:44.9	13:44.7	(8)	M60
72	147	Käser Michael	1981	Wünnewil	TV Bösingen	45:45.4	13:45.2	(27)	M40
73	31	Aebischer Cyrill	1999	Fribourg		45:46.5	13:46.3	(10)	M18
74	322	Christen Hans	1956	Gettnau	LR Gettnau	45:48.8	13:48.6	(2)	M70
75	16	Fernandes Luís	1988	Avenches	CA PORTUGAIS FRIBOURG	45:54.2	13:54.0	(16)	M30
76	268	Ziegler Alain	1959	Fraubrunnen	Post Auto Mittelland	45:58.7	13:58.5	(9)	M60
77	245	Monsec Marc	1989	Autavaux	CA PORTUGAIS FRIBOURG	46:04.0	14:03.8	(17)	M30
78	409	Fahrni Bernhard	1972	Plaffeien	Sportverein Alterswil	46:08.0	14:07.8	(13)	M50
79	240	Carnevale Angelo	1956	Villars-Sur-Glâne	CA PORTUGAIS FRIBOURG	46:10.4	14:10.2	(3)	M70
80	415	Schöpfer Pius	1986	Heimenschwand	SM RUN	46:24.3	14:24.1	(28)	M40
81	145	Bochsler Raphael	1982	Schmitten		46:37.3	14:37.1	(29)	M40
82	396	Guillebeau Michel	1974	Tafers	LAT Sense	46:39.2	14:39.0	(14)	M50
83	122	Von Känel Christoph	1959	Frutigen	All Blacks Thun	46:43.2	14:43.0	(10)	M60
84	260	Fernandes Silva Celso	1978	La Roche	CA PORTUGAIS FRIBOURG	46:47.6	14:47.4	(30)	M40
85	402	Wyssen Alwin	1962	Zumholz	AT Rechthalten	46:52.7	14:52.5	(11)	M60
86	161	Bürgisser Beat	1971	Düdingen	LAT Sense	47:34.5	15:34.3	(15)	M50
87	403	Gachoud Frédéric	1966	Pont	CS Vallée du Flon	48:13.4	16:13.2	(12)	M60
88	90	Dorthe Anthony	1992	Düdingen		48:24.8	16:24.6	(18)	M30
89	287	Bringold Andreas	1964	Beinwil / So	LG Niederbipp	48:35.7	16:35.5	(13)	M60
90	82	Cetrangolo Giuseppe	1970	Morat	peppepoulet.ch	48:43.4	16:43.2	(16)	M50
91	199	Gauch Jean-Marc	1964	Villars-Sur-Glâne		48:54.5	16:54.3	(14)	M60
92	350	Medo Matus	1979	Schmitten		49:09.0	17:08.8	(31)	M40
93	272	Savary Etienne	1958	Farvagny	CAG Farvagny	49:32.3	17:32.1	(15)	M60
94	68	Chappuis Michel	1954	Fribourg	CAG Farvagny	49:36.0	17:35.8	(4)	M70

Cl	No.	Nom et prénom	An.	Domicile	Club / Team	Temps	Écart	(Cl)	Cat.
95	400	Stauffer Fabian	1987	Neuenegg		49:48.9	17:48.7	(19)	M30
96	23	Iseli Thomas	1986	Bösingen		50:00.7	18:00.5	(32)	M40
97	111	Freiburghaus Sylvain	1993	La Corbaz		50:04.8	18:04.6	(20)	M30
98	226	Cueni Peter	1953	Bösingen	TV Bösingen	50:35.1	18:34.9	(5)	M70
99	22	Mettler Paul	1959	Gossau Sg	smrun	50:44.1	18:43.9	(16)	M60
100	175	Kolly Christian	1967	Farvagny-Le-Petit	CAG Farvagny	51:06.5	19:06.3	(17)	M50
101	251	Coelho Joaquim	1988	Pensier	CA PORTUGAIS FRIBOURG	51:22.1	19:21.9	(21)	M30
102	76	Stritt Karl	1950	Tafers	LAT Sense /SM Run	51:25.5	19:25.3	(6)	M70
103	48	Schürch Mathias	1987	Steffisburg		51:26.3	19:26.1	(22)	M30
104	27	Weber Stefan	1964	Schnottwil		51:41.8	19:41.6	(17)	M60
105	254	Hermann Jean-Michel	1956	Villars-Sur-Glâne	CA PORTUGAIS FRIBOURG	51:49.5	19:49.3	(7)	M70
106	186	Waelti Albert	1969	Wohlen Bei Bern	ACPM Matran	51:53.3	19:53.1	(18)	M50
107	301	Andres Roger	1985	Freiburg		52:24.6	20:24.4	(33)	M40
108	394	Mauron Gerard	1956	Mezieres	CARC Romont	52:51.0	20:50.8	(8)	M70
109	387	Fragnière Gerald	1964	Marsens		52:58.6	20:58.4	(18)	M60
110	180	Lirgg Uli	1956	Avenches	Cloros Team	53:08.8	21:08.6	(9)	M70
111	389	Poffet Marco	1986	Tafers	LAT Sense	53:16.4	21:16.2	(34)	M40
112	62	Angéloz Henri	1964	Marly	CA PORTUGAIS FRIBOURG	53:27.2	21:27.0	(19)	M60
113	206	De Gasparo Charles-Etienne	1966	Schmitten	LAT Sense	53:31.3	21:31.1	(20)	M60
114	119	Küffer Walter	1952	Schmitten Fr	LAT Sense	53:44.6	21:44.4	(10)	M70
115	14	Alleyn Rudy	1965	St. Sylvester	CA PORTUGAIS FRIBOURG	53:47.7	21:47.5	(21)	M60
116	154	Götschmann Frédéric	1975	Fribourg		54:09.0	22:08.8	(19)	M50
117	89	Von Der Forst Alexander	1967	Posieux	CAG Farvagny	54:16.8	22:16.6	(20)	M50
118	242	Dessibourg Christian	1965	Murten	CA PORTUGAIS FRIBOURG	54:25.6	22:25.4	(22)	M60
119	292	Sahli Andreas	1961	Wünnewil		54:45.8	22:45.6	(23)	M60
120	293	Scarcella Giovanni	1963	Luzern	SMRUN	54:51.1	22:50.9	(24)	M60
121	386	Maeder Walter	1951	Courgevaux	SMRUN	54:52.4	22:52.2	(11)	M70
122	291	Jucker Walter	1953	Schlieren	smrun / run4fun.ch	55:26.6	23:26.4	(12)	M70
123	109	Burnet Eric	1960	La Corbaz	ACPM Matran	55:34.9	23:34.7	(25)	M60
124	264	Gertsch Dany	1976	Porsel	CS Vallée du Flon	55:54.7	23:54.5	(21)	M50
125	99	Remy Charles-Henri	1953	Marly	smrun/CA Portugais de Fribourg	56:21.9	24:21.7	(13)	M70
126	370	Kottmeyer René	1966	Zug	smrun	56:50.9	24:50.7	(26)	M60
127	207	Rickli Eric	1962	Fribourg		57:20.7	25:20.5	(27)	M60
128	120	Leimgruber Jörg	1963	Dietikon	smrun	57:23.2	25:23.0	(28)	M60
129	127	Freiburghaus Philippe	1964	La Corbaz	ACPM Matran	57:27.7	25:27.5	(29)	M60
130	108	Wiedemeier Hans	1945	Gebenstorf	smrun / LG-Horn	57:57.1	25:56.9	(14)	M70
131	235	Michel Rémy	1957	Neyruz	CA PORTUGAIS FRIBOURG	58:29.5	26:29.3	(30)	M60
132	18	Liechti Christian	1986	Boll		58:41.7	26:41.5	(35)	M40
133	209	Schneuwly Markus	1976	Bösingen		59:02.7	27:02.5	(22)	M50
134	414	Schneuwly Valentin	1997	Wünnewil	LAT Sense	59:19.7	27:19.5	(11)	M18
135	183	Bachmann Jean-Bernard	1962	La Roche	CA Marly	59:24.6	27:24.4	(31)	M60
136	110	Borghesu Angelo	1976	Freiburg		1h00:19.0	28:18.8	(23)	M50
137	412	Rhemy Bruno	1954	Rossens	ACPM Matran	1h01:31.9	29:31.7	(15)	M70
138	265	Schibig Viktor	1948	Illnau	smrun	1h01:44.1	29:43.9	(16)	M70
139	241	Blanchard Julien	1976	Fribourg	CA PORTUGAIS FRIBOURG	1h01:49.6	29:49.4	(24)	M50
140	340	Pauchard Bruno	1949	Bösingen	TV Bösingen	1h02:18.8	30:18.6	(17)	M70
141	25	Chavaillaz Bernardin	1943	Ecuvillens	CAG Farvagny / smrun	1h02:59.2	30:59.0	(18)	M70
142	94	Widmer Paul	1939	Effretikon	smrun	1h04:22.4	32:22.2	(19)	M70

Cl	No.	Nom et prénom	An.	Domicile	Club / Team	Temps	Écart	(Cl)	Cat.
143	133	Sablone Gregorio	1937	Zurich	smrun	1h05:00.3	33:00.1	(20)	M70
144	376	Lenz Michael	1967	Thierachen	Lauftreff Thun	1h08:57.2	36:57.0	(25)	M50
145	93	Andrist Bernhard	1946	Zürich	smrun	1h12:46.4	40:46.2	(21)	M70
146	372	Fürst René	1960	Münchenwiler	AC Murten	1h17:05.2	45:05.0	(32)	M60
147	196	Pfister Rolf	1957	Pfaffhausen	smrun	1h20:33.4	48:33.2	(33)	M60
148	377	Gianpaolo Nivola	1966	Luzern	Smrun	1h20:41.7	48:41.5	(34)	M60